



# SHAWANGUNK VALLEY 5-MILER & 1-MILE KIDS RUN

Sunday October 12, 2025



To Benefit  
**Shawangunk Valley Fire Company**

## MEMBER OF ORANGE RUNNERS CLUB 2025 GRAND PRIX SERIES

- RACE START TIME:** 8:30 – 1-Mile Kids' Run for Children 12 & under      9:00 A.M – 5-Miler
- LOCATION:** Shawangunk Valley Fire House, 2150 Bruynswick Road, Wallkill, NY
- COURSE DESCRIPTION:** A rolling, rural 5-mile loop with a downhill to flat finish. This is a very scenic route passing by fields, orchards, and a vineyard and having great views of the Shawangunk Mtn. ridge. Kids Run is out & back.
- REGISTRATION** Pre-registration fee: 5-Miler: \$35.00 mail-in/\$38.10 online. Kids' 1-Miler is free.
- ON-LINE** Register online through [www.runsignup.com](http://www.runsignup.com)
- MAIL-IN** Make check payable to "SVFC"  
Mail entries to Bill Rosenberg, 2133 Bruynswick Rd, Wallkill, NY 12589. Postmark prior to 9/22/25.
- RACE-DAY:** Race-day fee: 5-Miler: \$40      Kids' 1-Mile: Free  
At Shawangunk Valley Fire House, 7:30 - 8:30 A.M
- AWARDS:**
- |                                                                                                                                                                           |                                                                                                   |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>5-Miler:</b><br>Overall Male & Female<br>Male/female age groups: ≤13, 14-19,<br>20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+<br>Overall Male & Female First Responder | <b>SHIRTS:</b> Long-sleeve T-shirts<br>guaranteed to all 5-milers<br>registered by <b>9/22/25</b> |
| <b>1-Mile Kids Run</b><br>Top 3 boys and top 3 girls                                                                                                                      | <b>FINISHER MEDALS</b> for both<br>5-Mile & Kids' 1-Mile                                          |
- INFORMATION:** Contact Bill Rosenberg @ 845-325-7537 or e-mail [wrosenb822@aol.com](mailto:wrosenb822@aol.com)  
or Rebecca Withers @ 914-213-4131 or e-mail [rjwithers213@aol.com](mailto:rjwithers213@aol.com)

**RESTRICTIONS:** No Headphones, No Baby Strollers, No Roller Blades, No Dogs. Thank you.

I know that running a road race is a potentially hazardous activity and that I should not run unless properly trained and medically able. In consideration of accepting this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors, and administrators waive and release any and all claims for damages I may have against the Shawangunk Valley Fire Company, the Town of Shawangunk, and any other sponsors, their representatives and successors for any and all injuries suffered by me in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Name: \_\_\_\_\_ Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_

Address: \_\_\_\_\_ Sex: M F T-Shirt: XS S M L XL

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

E-Mail: \_\_\_\_\_

Current/past First Responder? Y N

Member 2025 ORC Grand Prix? Y N

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(If runner is under 18, parent's signature is required)